

January

2022

East Valley
Intergroup, Inc.
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Mesa, AZ 85204
480-834-9033
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info@aamesaaz.org
www.aamesaaz.org

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Send your articles, jokes, poems and art-work to Rick T. info@aamesaaz.org

NO BOOZE NEWS

Step One: Understanding Alcoholism

The Road of Happy Destiny

How heart wrenching it is to see newcomers arrive in the meetings of Alcoholics Anonymous (A.A.) after losing families, friends, jobs, relationships, and hope, then to watch them struggle through relapse after relapse while they see others around them building happy and resourceful lives. What makes them different from the rest of us? Why it is that all their efforts to make a happy life for themselves continue to fail? My heart goes out to them, and I am always trying to find a way to articulate things, in simple terms that the, so called newcomer, can understand.

My problems started long before I ever touched a drop of alcohol. I always felt different from the other (normal) kids, but I did not know it at the time. I thought they all felt like I did, but they did not. It may have been as simple as, how I reacted the first time I was humiliated in public, or when I was punished for doing something wrong and learned that it was easier to lie my way out of trouble and I went covert when I violated the rules. I will never know exactly why but I do know my mental makeup was different. Now, what can I do about it? On a scale of **1** to **10**, let us say that I woke up each morning at an emotional level of **2**, the normal person wakes up at an **8**. When I took my first drink, and I went from a **2**, to a **9**, and everything was right with the world. (So, I thought) The Normy took a drink and went from an **8** to a **9**. **No big deal.**

The world had not changed but *my perception* of it had changed and with the euphoria I felt, I thought I had found the solution to my problem. Later, I discovered that *it only temporally masked the real problem*, which was much deeper, and when, after a while, *my tolerance for alcohol ran out*, I completely lost control and, in time, lost almost everything that was meaningful in my life. I had unknowingly hit bottom and I had little choice but to try A.A. "My name is Rick and I'm an alcoholic" *Knowing* that I was an alcoholic

Quote of the Month

Last summer I visited the Akron cemetery where Bob and Anne lie. Their simple stone says never a word about Alcoholics Anonymous. This made me so glad I cried. Did this wonderful couple carry personal anonymity too far when they so firmly refused to use the words "Alcoholics Anonymous," even on their own burial stone?

For one, I don't think so. I think that this great and final example of self-effacement will prove of more permanent worth to AA than could any spectacular public notoriety or fine mausoleum.

We don't have to go to Akron, Ohio, to see Dr. Bob's memorial. Dr. Bob's real monument is visible throughout the length and breadth of AA. Let us look again at its true inscription. . .one word only, which we AAs have written.

That word is Sacrifice.

Bill W.

got me in to the program, but *knowing it, did not solve my problem*. I started to have success in the program when I came to *understand* the cause and effects of my core issues, such as low self-esteem, fear, guilt, neediness, unworthiness etc. and how they kept driving people away from me.

I had to *understand that those symptoms were caused by my faulty self-perception*, and that my mind was lying to me. I had been at a level 2, since childhood, and that is my problem and *alcoholism is the symptom of my problem*. If I woke up this morning with amnesia, I would be just like everyone else, because I would not be dragging my past around with me in my head. Much of my surface behaviors failed, mainly because I was overcompensating *for my feelings of inadequacy*. My solutions have been to establish a pattern of behavior that is unselfish in nature, consistent with the suggestions in the Big Book, and the 12&12, and *practice them without fanfare*. (Tough order, I know) But by doing this, *with patience*, in time, others noticed the change, and before too long I was receiving *more than my share of affirmations*.

If you can *understand* that you are not responsible for being emotionally *diverted as a child* and for the *alcoholism* that resulted from it, you can move forward. You contracted a disease and, *with this understanding of its cause and effect*, you can draw a line the sand, and start the recovery process today, and join us on the road of happy destiny. We will be waiting for you.

By Rick R.

The Company Party, Cold Sober

For most of my twenty-three years with the company I worked for, I had managed to get drunk at the annual Christmas party, and my good wife always had to drive us home. For reasons I now don't remember, I decided to go to this party the day I got out of treatment. Maybe it was an ego thing.

My wife picked me up, and we arrived at around 7:30, with the party and the open bar in full swing. Quite a few of the gang reminded me of myself at previous parties. Most people treated me in a friendly fashion, while a couple of people took the time to ask me some questions about treatment. Jack, who was pretty much in his cups, put his arm around my shoulder and with great sadness said, "What do we say to you now that you can't drink?" I guess in Jack's mind, if I didn't drink, I might as well be dead. (During my drinking career, I'm sure I often had a similar thought.) But the boss's wife said to me, "You're a pretty nice guy when you don't drink."

Sober, I enjoyed being there and experiencing my first social event without a drink. The food was delicious. When I was drinking, I'd left many a meal untouched because drink was more important. I left that party sober and proudly drove us home. The next morning my wife made a wonderful breakfast, and we sat and talked and smiled at each other, remembering only good things from the night before.

As I've heard now for over thirty years around the tables of AA, one can have a whale of a good time in sobriety. This first Christmas party was a prime example that I could have fun without having to drink. It made a lasting impression. What tools were helpful in bringing me through this first sober party? I think the boss's wife's comment contained a clue: I wanted to start being a decent sort of guy, and I felt that if I gave the Twelve Steps a chance at directing my life, a day at a time, they would lead me in that direction. They surely have done that. I've enjoyed this adventure in living--it's been worth the effort.



Words From the Big Book

We are average Americans. All sections of this country and many of its occupations are represented, as well as many political, economic, social, and religious backgrounds. We are people who normally would not mix. But there exists among us a fellowship, a friendliness, and an understanding which is indescribably wonderful. We are like the passengers of a great liner the moment after rescue from shipwreck when camaraderie, joyousness and democracy pervade the vessel from steerage to Captain's table.

Unlike the feelings of the ship's passengers, however, our joy in escape from disaster does not subside as we go our individual ways. The feeling of having shared in a common peril is one element in the powerful cement which binds us. But that in itself would never have held us together as we are now joined.

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Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 9/020*

Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204

(480) 827-1905

e-mail info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ **No Booze News Subscription / Renewal** (\$18.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ **Weeknights**

☐ **Weekends**

☐ **Weekdays**

Phones Night & Weekend

☐ **Weekends**

☐ **Weeknights**

☐ **Office Phone Volunteer**

☐ **Other Office Help**

Committees of Interest

Check only those you are willing to serve on

☐ **Public Information / Cooperation with the Professional Community**

☐ **Special Events**

☐ **Literature**

☐ **Newsletter (*No Booze News*)**

☐ **Unity Committee**

☐ **Deliver A Meeting**



LIVE AND IN PERSON

ROUNDUPS, CAMPOUTS AND CONFERENCES

NEW YEARS DAY OUTING
WITH THE SUNSET GROUP
12 NOON TO 8PM, JANUARY 1
LOST DUTCHMAN STATE PARK
CHOLLA DAY USE AREA

RIVER ROUNDUP
JANUARY 7 ~ 9, 2022
RIVERSIDE RESORT
LAUGHLIN NV

**Check the events page on our website. We will
post information as it becomes available.**

2021 EVI 2nd Annual

New Years Eve Party

5:30pm December 31, 2021

6:00pm Dinner Served

7:15pm Speaker Meeting

9:00pm Dance the Year Away

2222 S Price Rd. Tempe

(Church of the Epiphany)

Speaker Meeting

Fellowship and Recovery

Dinner and Dance \$20

Dance 2021 Away

Area 03

2022 Pre Conference Assembly

Virtual

April 1st-3rd
Sub-District 08-800
more info @ area03.org

PRAASA 2022

March 4 - 6, 2022

Save the date

More info to come

Area03.org

Live and let live

**Step One~ We admitted we were power-
less over alcohol—that our lives had be-
come unmanageable.**

**Tradition One~ Our common welfare
should come first; personal recovery de-
pends upon A.A. unity.**

**Concept One~ Final responsibility and
ultimate authority for A.A. world ser-
vices should always reside in the collec-
tive conscience of our whole Fellowship.**



August Sobriety Anniversaries

Name	Date	Days
Richard B.	1/4/1968	19724
Joe A.	1/21/1979	15706
Sandra M.	1/30/1984	13875
Susan C.	1/1/1985	13514
Rachel L.	1/7/1985	13514
Sherri B.	1/28/1987	12784
Jane R.	1/11/1989	12053
Jerry F.	1/27/1989	12053
Gerry B.	1/20/1990	11688
Rhonda S.	1/18/1992	10958
Ron H.	1/17/1993	10592
Dottie D.	1/20/1993	10592
Barbara L.	1/13/1994	10227
Becky C.	1/29/1995	9862
Craig W.	1/20/1996	9497
Debi M.	1/1/1997	9131
Becky K.	1/13/1997	9131
Melissa L.	1/20/1997	9131
Ame F.	1/16/1999	8401
Terry P.	1/29/1999	8401
Rodger L.	1/30/1999	8401
Lori M.	1/10/2001	7670
Brenda B.	1/14/2001	7670
Lisa H.	1/28/2001	7670
Norman H.	1/1/2005	6209
Sam V.	1/1/2005	6209
Will P.	1/5/2006	5844
Lee Z.	1/9/2006	5844
Marie W.	1/10/2007	5479
Brent B.	1/17/2007	5114
Kevin B.	1/21/2008	5114
Janet S.	1/3/2009	4748
Paul T.	1/24/2010	4383
Jim M.	1/27/2010	4383
David T.	1/2/2011	4018
Elizabeth T.	1/23/2012	3653
Bethann T.	1/4/2013	3287
Steve S.	1/10/2013	3287
Tamara L.	1/11/2013	3287
Jocelyn G.	1/16/2013	3287
Chris B.	1/7/2019	1096
Tin L.	1/2/2020	731



Things We Can Not Change

Tom A. and "Preacher" Bill, both long time member of our fellowship, have passed from this world. Their lives and sobriety touched many. They will be missed.

At Wits End

An alcoholic goes into the confessional box after years of being away from the church.

There's a fully equipped bar with Irish stout on tap. On the other wall is a dazzling array of the finest cigars and chocolates.

Then the priest comes in. "Father, forgive me, for it's been a very long time since I've been to confession, but I must first admit that the confessional box is much more inviting than it used to be."

The priest replies: "Get out. You're on my side."

Bob M., Green Valley, Ariz

A man called the AA phone just before meeting time and said, "I don't go to meetings anymore, but I want to talk to that man who said he would buy you a bottle if you want to get drunk."

John B., Athens, Texas

Karaoke bars combine two of the nation's greatest evils: people who shouldn't drink with people who shouldn't sing.

Bob M., Green Valley, Ariz.

A circuit speaker was about to land at a small Texas airport in a ferocious thunderstorm. He had told his seatmate that he was going to tell his story to a thousand people at an AA event. Now, their shaking plane seemed about to crash.

The neighbor, trying to ignore the turbulence, kept talking and asked what would happen if the speaker didn't show up.

"It's an AA meeting; they'll get someone else," he replied.

Get Published!

Send your articles, jokes, poems and artwork to Rick T.
info@aamesaaz.org

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or email picpc@aamesaaz.org**EVI Phone Workshop**

Third Friday's at 6:15 pm

Before the monthly business meeting at

On ZOOM**aamesaaz.org**

Or

Workshops can be done at your Group !

For more information

Call Lisa V.

480 827-1905

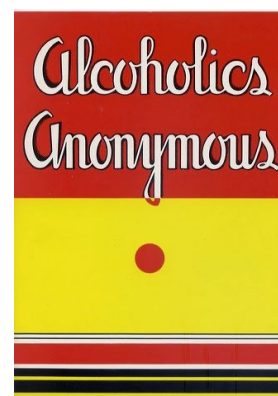
**EVI Sponsorship Workshop**

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Jerry C. 480 834-9033

HOST GROUP SCHEDULE

Jan 1 ~ Page A Day

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information**aamesaaz.org****Contact 480 827-1905****EVI Special Events Committee**

Meeting held before the Monthly Speaker Meeting

1st Friday of the month

2222 S Price Rd. Tempe

contact: 480 827-1905

EVI Monthly Speaker Meeting***1st Friday of Every Month******2222 S Price Rd. Tempe******(Church of the Epiphany)*****Doors open at 7:00pm*****Now Live only, no more ZOOM***

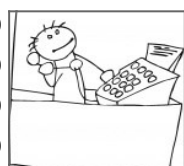
January 7 ~ Life in the BB

These are subject to change - so keep watching.

Office Volunteers &
EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

***** Regular Shifts Available *****

Central Office Manager's Report

December 17, 2021

In November we received 472 requests for information and assistance. Of those 148 calls were for meeting info, 131 were office visitors and 15 resulted in a 12-step call. Our website stayed busy too. It had 24,885 visits in the last 30 days. Our Google listing received 4,818 views in November with 41 giving us a call, 381 visiting our website and 56 requesting directions to the office.

The radio PSA's have been running for awhile now. We do seem to be getting a few more calls from those concerned about their drinking. In the last 2 weeks we have averaged 3-4 new callers a day and 1-2

12 step calls. The TV PSA's will run on KTVK channel 3. There will be 78 spots of 15 and 30 seconds running from December 20 to January 16. An additional 400,000 PSA imprints will be placed on the AZ Family news and weather webpages.

The Holiday Event Schedule has been compiled again this year for the phone volunteers and anyone interested in sober festivities. There are copies at the back of the room and available soon on our website.

The office received a memo from Bob W, General Manager at the General Service office informing us of the new PO Box that GSO has. Effective immediately, they are requesting that all groups and individuals use this new address when sending contributions only. Regular correspondence should still go to the Box 459 address. The new address is listed below.

There is currently plenty of literature in stock at the office for the holiday season but we continue to have availability issues at AAWS and Grapevine on some titles.

We have received several meeting room photos this month. They are currently on displayed in the office and everyone loves them. Pics can be emailed to the office at info@aamesaaz.org and we can print them here. Please, no people in the pictures.

Service opportunities are always available on all EVI committees and the 12th step list. Gratitude with Service forms are now available on our website. Please encourage your Group members to volunteer for a service position. The life they save may be their own.

In the spirit of Tradition Eight, Love and Service

Kim Watkins Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

..... Nov.	2021
Meeting Information Calls.....	142 1,530
General Information	83 1,157
Referred to Salt River Intergroup	3 53
Referred to Al-Anon.....	11 129
Referred to Community Info.....	0 7
12th Step Calls	15 146
Business Calls	87 942
Office Visitors	131 1,530
Meeting lists printed.....	800 5500
Info request via E-mail	51 446
Desk Volunteers-Reg/Sub/None.....	32 / 6 / 4
Desk Volunteers-Reg HRS YTD.	1,500 hrs

Web Stats

Website Visits last 30 days 24,885, YTD 284,572

Google Searches last 30 days 4,818

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

FAF	1730 W Guadalupe Rd. Mesa	WE Noon	C
Ladies Lunch Bunch	7335 E Broadway Rd. Mesa	MO Noon	W,C

Changes:

New Beginings	has moved back to St Bridgets,		
	2213 N Lindsay #4 Mesa	SA10:00am	O
San Tan Men's	moved to 20164 S Sossaman Rd.	TU 6:00pm	M

Deletions:

417 Group	6289 S Greenfield Rd. Gilbert	TH 7:00p	O
Junkyard Dogs	1565 E Warner Rd. Tempe	MO 7:00p	M.C

East Valley Intergroup
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

District 08-818
PO Box 12044
Tempe, AZ 85284

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Alcoholics Anonymous - Contributions
PO Box 2407

District 08-819
PO Box 594
Mesa, AZ 85211

James A Farley Station
New York, NY 10116-2407

District 08-820 ** NEW **
PO Box 1901
Queen Creek, AZ 85142-9998

General Service Office - correspondence
PO Box 459, Grand Central Station
New York, NY 10163

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Area 03 Treasurer
PO Box 3691

Alcoholicos Anonimos - Oficina
2720 E Thomas Rd. B#180
Phoenix AZ 85016

Gilbert AZ 85299
Make Check To: AZ Area Committee

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



GROUP CONTRIBUTIONS



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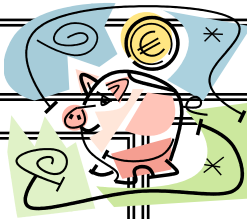
GROUP	Nov.	YTD
11th Step Candlelight		\$40.00
2121 Beginner Workshop		\$0.00
24 Hours A Day	\$40.00	\$40.00
417 Group		\$187.00
A Vision For You Group		\$1,211.34
ABC Group		\$250.00
Ahwatukee Group		\$750.00
Ahwatukee Nooners		\$820.00
Ahwatukee Saturday Men's	\$404.46	\$2,698.31
Ahwatukee Women's Group		\$350.60
Arbor Daily Noon Group	\$200.00	\$2,200.00
As Bill Sees It QC		\$140.36
As You Wake Up		\$0.00
Attitude Adjustment Ahw.		\$160.20
Attitude Adjustment CG		\$130.00
Basic II		\$100.00
BBookworms		\$1,054.00
Bloopers		\$1,720.00
Bootstrap Men's		\$0.00
Both Books		\$0.00
Breakfast Club		\$2,750.00
Busted Ego		\$250.00
By The Book		\$111.87
Chandler Men's Stag Group		\$650.00
Chandler Noon Group	\$92.00	\$1,366.50
Chandler Women's Big Book Group		\$653.50
Common Solution		\$0.00
Common Thread	\$360.52	\$2,341.58
Courage To Change	\$250.00	\$250.00
East Phoenix Men's		\$683.00
East Valley Men's Stag	\$322.00	\$847.00
East Valley Veterans		\$200.00
Easy Does It Group	\$88.87	\$2,477.57
Eye Opener Group		\$500.00
Family Recovery Group		\$0.00
Feelings and Solutions		\$92.00
Fill in the Blank		\$475.00
Firehouse Meeting		\$75.00
Florence Group	\$125.00	\$215.00
Friday Night BB, Step Study		\$0.00
Get It Together	\$873.80	\$5,780.83
Gilbert Group		\$0.00
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics		\$0.00
Good Orderly Direction		\$60.00
Grateful Dames		\$138.53
Grateful Girlfriends	\$100.00	\$100.00
Gratitude Group	\$411.00	\$730.00
Great Start		\$600.00
Gut Level		\$195.00
Happy Hour @ Sunbird		\$300.00
How It Works		\$147.00
Into Action		\$0.00
Keepin It Real Ladies		\$0.00
Last Resort	\$69.42	\$158.78
Life In The Big Book		\$433.00
Maricopa 12 X 12		\$240.00
Maricopa Group		\$225.00
Mid-Morning Group		\$300.00
Miracle House		\$333.33
Monday Night Madness	\$150.00	\$250.00
Morning After		\$150.00
Name In The Hat		\$330.00
New Beginnings		\$200.00
New Spirit Group	\$401.00	\$1,318.90
No Big Deals	\$25.00	\$395.00
No Name AA Group	\$250.00	\$500.00
Opportunity Knocks		\$100.00
Page A Day		\$3,218.82

GROUP	Nov	YTD
Patio Group		\$1,625.70
Pioneer Group		\$378.60
Price Is Right	\$50.00	\$199.00
Primary Purpose Group		\$462.00
Progress Rather Than Perfection		\$100.00
Putting God First		\$0.00
Queen Creek Nooners		\$831.91
Re-Awakening Group		\$636.27
Remember When		\$350.00
Renewed Spirit		\$300.00
Rising Spirit		\$1,213.65
Road To Recovery	\$364.36	\$3,073.65
Rock Solid		\$50.00
San Tan Men's		\$310.00
Second Chance Group	\$263.00	\$674.33
Serenity Now	\$75.00	\$476.05
Shade Tree		\$280.00
Sisterhood Of Solutions		\$0.00
Sobriety is Gold		\$0.00
Sobriety Rocks	\$113.00	\$153.00
Society Group	\$400.00	\$400.00
Some Are Sicker Than Others	\$75.00	\$375.00
Southeast Valley Stag		\$500.00
Spirited Women		\$135.55
Step By Step Group	\$199.73	\$299.96
Steppers		\$150.00
Stepping Stones		\$0.00
Sunday Afternoon Step		\$200.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers		\$400.19
Sun Lakes Women Serenity Seeker		\$225.00
Sunset Group		\$100.00
Tempe Group		\$100.00
Tempe Nooners	\$50.00	\$555.00
Tempe Sunrisers		\$40.00
Tempe Young People		\$0.00
The Library		\$52.00
The Real Thing		\$25.00
The Way Out Group	\$100.00	\$831.00
Thursday Night Step Group		\$0.00
Tuesday Night Steppin Out		\$300.00
Tuesday's Trudgers		\$25.00
Tumbleweeds Group		\$700.55
Upon Awakening	\$800.00	\$3,500.00
We Ain't Dead Yet		\$120.00
We Agnostics		\$181.31
We Can Group		\$0.00
Wednesday Night Step		\$356.50
Wednesday Night Winners		\$0.00
Welcome Home		\$350.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		\$0.00
Wolf Pack Group		\$200.00
Women in Gratitude		\$200.00
Women in Solution		\$0.00
Women in Touch		\$0.00
Wonder Women-disbanded		\$25.00
*Anonymous Groups		\$0.00

OTHER GROUPS/COMMITTEES

Apache Lake Campout	\$159.39	\$159.39
AZ AA Women's Conf		\$0.00
District 08		\$0.00
Dist 08-813		\$125.00
Dist 08-820	\$500.00	\$500.00
Meal and a Message		\$0.00
Group Totals	\$7,312.55	\$64,214.03
EVI Committees	\$41.00	\$333.00
Individual Contributions	\$870.00	\$10,466.54
GRAND TOTALS	\$8,223.55	\$75,013.57

*Group contribution with no group name listed)



BALANCE SHEET November 30, 2021

Assets

Current Assets

Checking	6,744.38
Prudent Reserve (Savings)	38,866.08
Accounts Receivable	853.00
Inventory Asset	28,893.85
Undeposited Funds	463.25

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets **\$79,886.74**

Liabilities & Equity

Liabilities

Accounts Payable	25.00
Visa Credit Card	0.00
Payroll taxes	220.00

Total Liabilities **\$245.00**

Equity

Opening Balance Equity	43,778.94
Retained Earnings	27,480.81
Net Income	8,381.99

Total Equity **\$79,641.74**

Total Liability & Equity **\$79,886.00**

PROFIT & LOSS STATEMENT November 2021

34 Group contributions totaling	\$7,312.55
8 Individual contributions totaling	\$870.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$41.00
Total Contributions	\$8,223.55
Total Income	\$13,243.38
Less total Cost Of Sales	\$2,520.41
Gross Profit	\$10,722.97
Less total Expenses of	\$10,093.23
Net November Gain	\$629.74
YTD 2021 Gain	\$8,381.99

The current Prudent Reserve balance is \$38,866.08
The Prudent Reserve has been
established for 2021 in the amount of \$28,862.38

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Ron S. EVI Treasurer
fullflight@cox.net

Traditions Checklist

Tradition One: Our common welfare should come first; personal recovery depends upon AA unity.

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

East Valley Intergroup Business Meeting Minutes

December 17, 2021

Meeting Opened at 7:00 PM in person and on Zoom. Opened with the Serenity Prayer. *V = Virtual Attendance

Attendees:

Adam K – Ahwatukee Men's	Study	Rose M – Happy Hour, Morning After
AJ G – Rising Spirit V	Joe R – Santan Men's	Ryan S – Alt. The Way Out
Ashley S – Price is Right	Kathy H – Courage to Change	Scott – Tumbleweeds V
Brittany V – The Tribe V	Ken C. – Sunset Group	Shap – Tempe Nooners V
Buddy M – Gratitude Group	Marge M – Easy Does It	Susan G. – WIG V
Carol M – Gold Canyon	Marybeth T – Into Action	Susan M – Tempe Group
Charlie R – East Valley Men's Stag	Michael M – The Way Out	Tom C. – PAD V
Cris H. – Bloopers V	Mike K – Busted Ego V	Tom S – Steppers
Fay – Society Alternate	Nick C - Tempe Young People	Tony K – Big Bookworms V
Fiona – Life in the Big Book V	Preet G – East Phx Men's Stag	Tracey C. – By the Book V
Gary – SE Valley Men's Stag V	Rebecca S – Ahwatukee Group	Vicki B. - New Spirit V
Hayden – Sunday Afternoon Step	Regina S – Road to Recovery	Wally Erickson - Chandler Noon
Study V	Richard H – Step By Step	
Joseph M – Sunday Night BB Step	Rob F – Bootstrap Men's	

Welcome to the New Reps:

Secretary's Report: Presented in packet. Motion to accept and seconded. Motion passed.

Treasurer's Report: Ron S.- reviewed report from the packet. \$10.26 error was corrected. We will be voting on the budget this meeting. Brittany – The Tribe motioned to approve treasurer's report. Seconded by Regina – Road to Recovery. Report is accepted as presented.

7th Tradition: \$62 in person. You can make a 7th tradition contribution on the EVI website. www.aamesaaz.org

Chairperson's Report: Tom N. – no written report. Grateful for the committee and the whole East Valley Intergroup.

Vice Chairperson Report: Barb M.

☐ Attended the 08 820 who will be meeting in person from here on out. Also attended part of the Area 03 Election Assembly. Happy Holidays.

Office Manager Report: Kim W.

- ☐ Welcome to the new reps!☐ The \$10.26 error was found. Yay!☐ Holiday events list is here and will be on the website tomorrow.
- ☐ Folding day next Wednesday.☐ A lot of groups have been sending in pics of their meeting places.
- ☐ GSO has a new address for 7th tradition contributions. PO Box 2407, James A Farley Station, New York, NY, 10116-2407. The bank will receive the mail directly and help with processing.
- ☐ Box 459 has an interesting article about the Intergroup Office Manager Seminars.
- ☐ PSAs have started running and it seems we are getting more calls from brand new people.

STANDING COMMITTEE REPORTS

PI/CPC: (Public Information and Cooperation with the Professional Community) Tom C.

- Tom will be rotating out and wants to thank all for their support. Tom reviewed the minutes from the PICPC meeting (in the packet).
- ☐ PICPC now has a website. Check it out.☐ Committee Meetings are first Monday of the month. It's on Zoom and at the EVI office.
- ☐ If anyone is interested in doing service work on the PICPC Committee, please contact Tom C. at (310) 393-5651 or mynametom@yahoo.com or PICPC@aamesa.org

Special Events: Mindy S.

- ☐ New Years bash around the corner. Theme is disco. A few tickets left, see Mindy or the office. If you have unsold tickets please contact Mindy.
- ☐ Thank you for all the raffle basket donations for the New Year's event.
- ☐ Special Events Committee needs volunteers

Phone committee: Lisa

- ☐ Zoom training tonight for one and four people in person for phone training.
- ☐ Holiday events will be posted on the website tomorrow.
- ☐ Emails are sent out regularly to ask for folks to volunteer for phone slots.

Unity Committee: Dave K.

- ☐ Our purpose is to go out to meetings who do not have an EVI rep and invite them to EVI.
- ☐ One visit this month and they will be sending a rep.
- ☐ Need volunteers for the committee. You do not need to be an EVI rep. Phone number is in the packet and on the flyer.
- ☐ We meet at 6pm right before the EVI Business meeting.

Sponsorship Workshop: Jerry C.

- ☐ My last time here. Next workshop will be held on New Year's Day on Zoom from 10am to 11:30. Zoom info is posted on flyer and will be posted on the website. Anyone willing to help out for January please call Jerry.
- ☐ Please use the link in the email to reach the online signup sheet. **No Booze News (NBN)**

Newsletter Editor: Rick – Not present. His term is up and we have someone interested.

Literature: Mike K. (virtual)

- ☐ No new news. Thank you to the people of service. Please let me know if you would like literature to be at your event.

LIASION REPORTS

AI-anon Liaison: Vicki B. (virtual) – Nothing to report.

H&I Liaison: Dave T. – From the minutes of the H&I meeting: The church they meet at is raising the rent. Opportunities to get badged and take meetings into the prisons. New elections in November.

Spanish Liaison: Marge M. – The Spanish Women's event went great with good attendance; 37 people on Zoom and 100 in person. Women came from all over. The 6th annual event this year. I've learned a lot about the Spanish culture. The women were so enthusiastic and willing to be of service. A great event. Marge is asking if anyone would like the Spanish Liaison position in the spirit of rotation.

Zonypaa Liaison: not present

Sub District 08-818: Tearsa C. – not present

Sub District 08-819: Lois L. – Voted in new DCM, Alt DCM and treasurer. We still need a secretary. Motion made to send \$3000 to GSO. Meet on second Thursday of every month on Zoom at 7pm.

Sub District 08-820: Wayne (incoming DCM) with Debbie C.(alt.) – We will be starting our quarterly speaker meeting again. Secretary position was filled. Looking forward to the next year.

OLD BUSINESS:

- ☐ Vote on annual budget. Passed with overwhelming majority.
- ☐ Elections: 2 positions outstanding – Secretary and Advisor to the Phone Committee. Lois L. standing for secretary. – qualified, voted in by acclamation. Gary L. standing for Advisor to the Phone Committee. – qualified, voted in by acclamation.

NEW BUSINESS:

- Open committee chair positions liaisons are appointed positions and will be filled through the new Chairperson.
- We need a PICPC Chair, anyone interested please see J (new EVI chairperson).

ANNOUNCEMENTS:

- ☐ Anyone interested in taking a Spanish speaking meeting to some women, please see Marge M.
- ☐ New address to send contributions to GSO. Its on the office manager's report.

Motion to close meeting. Passed.

I am responsible. When anyone anywhere reaches out for help, I want the hand of AA always to be there and for that I am responsible. Thank you for allowing me to be of service,

Maria Stanley

Stages of Sobriety

AA GRAPEVINE DECEMBER 2002

When I had my last, very last drink on a Friday night, I had run out of places, people, therapists, books, and cults, and all the plates I was spinning fell crashing around my head. I was an alcoholic. What could be worse? I found out soon enough.

I was asked to make coffee during my first year. I refused. I never make coffee. "Fine," replied my men's group, "Go drink." Pretty cut and dried. I made the coffee after they showed me how to put the right amount in, as I was shaking and baking. They showed me where the plug was. And where to put the pot. And how to set out the cups and sugar and cream and cookies. It went on and on until I was on the verge of drinking again. It was so mundane

"Stand at the door and greet the guys coming in." Another great suggestion. I stuttered. And I did it. My sponsor, according to him, gave me a camel pin. He told me I was to be like the camel. Just do what the camel does, and I'd stay sober another day. Start my day on my knees, wherever, and end the day on my knees. Simple. I'm not simple. I'm college-educated.

My first year was horrid. My first cake was horrid. No presents. No applause. Another day. I went to three funerals of friends who died drinking. They were college-educated. I left a relationship with someone who wouldn't stop drinking.

I became a general service rep, for the same group. Two-year commitment. Coffee looked much better. I paid back my employer money I stole on padded expense accounts. I showed up on time and left late. My boss was shocked. I moved into my own place. I had never lived alone. I didn't like it.

I went to some conventions with the guys from the group and found I could laugh and have fun without a drink. And we became friends. I started on a panel at a prison. Then, we started a Big Book study in a maximum security prison. They made coffee. We brought donuts. I also had a commitment at a federal prison, which brought up all my fears. Two of us traveled through several sets of locked doors with a guard, down an elevator several floors, into a large room full of yellow jump-suited guys. All there in chains, for drug- and alcohol-related crimes. We couldn't touch them or pass any personal information. We carried a different kind of message to these guys. Raw, from the gut. I could be standing where they were. "But for this or that," as Norm A. used to say. We were these guys. We were dressed up in suits and ties, on a holiday. Hope was our message to guys standing in chains.

Time passed, and I left the prison panels because I could not go there anymore. I switched gears around twelve years sober. My mother died. My brother-in-law died. My gang was with me--leading the ceremonies. We did this sober thing together: the ups and downs and grief and loss and marriages and divorces and babies born and Twelfth-Step calls together in the middle of the night. And I started sponsoring really young guys. It seemed there was a flood of young people coming in. Nine years old even. And the message changed as I realized that I was their father figure. So I taught them how to dress, shave, eat, laugh, keep with the guys, date, have girls as friends, keep the zipper zipped. We went to international conventions together, danced in the streets, celebrated being sober. The Young People's Conventions were fun, upbeat, lively, irreverent and they, these thousand guys and girls, were staying sober and teaching me how to sing out Chapter Five when it was read, and appreciate the Twelve Traditions read in Chinese or in an Indian dialect or in French. And the message changed again. "Lighten up, Larry." And I did.

I started new meetings, helped start some dances, got a New Year's dance going, and moved to a place that has become a dream come true. I took panels into the detox centers, went to New York to join up with my AA buddies at conventions, caught up with my friends: "Still sober?" "Yes." "Good."

And life goes on more smoothly now. Like a glider on a calm day. And the message is clear as a bell now. "Enjoy yourself, Larry. Life is too short to regret the past."

So I'm not baffled anymore or confused about what I'm doing or where I'm going or how it all will turn out. I'm being carried now. And that's my message, "Attraction, not promotion." "Easy does it, but do it." Now my dad has died drunk in some awful place. And a few new guys insist on drinking again and going to jail. So my message today is to take care of myself and love those close to me and take care of my obligations as they come up. So simple. I stopped fighting. And it really is so simple